

Diabetes Medicines

There are a lot of different medicines that can be used to treat your diabetes. Diabetes can be controlled by pills, insulin, or other medicines that you take in shots. These medicines work on different parts of your body to keep blood sugars in good control. Many people do not like to take medicines but when your health care provider prescribes them, it is because they are important for your health.

Don't forget to take your medicines!

Sometimes life gets busy and we forget to take our medicines.

Here are some tips to help you remember:



1. Use a pillbox to sort your medicines.



2. Set an alarm to remind you when to take your medicines.



3. Put your medicines in a place you will see them as a reminder.

Circle the medicine(s) that you are taking

Are you taking them like you are supposed to do?

Diabetes medicine(s):	Tips on taking this medicine(s):
Glyburide Glipizide Glimepiride Netaglinide (Starlix®) Repaglinide (Prandin®)	Take within 30 minutes of eating or with the first bite of the meal
Metformin (Glucophage®)	Take with food
Pioglitazone (Actos®)	Can be taken with or without food
Sitagliptin (Januvia®) Saxagliptin (Onglyza®) Linagliptin (Tradjenta®) Alogliptin (Nesina®)	Can be taken with or without food
Acarbose (Precose®) Miglitol (Glyset®)	Take with the first bite of your meal. If having a low sugar with this medicine, treat with glucose tablets or glucose gel – candy or soda will not help.
Canagliflozin (Invokana®) Dapagliflozin (Farxiga®) Empagliflozin (Jardiance®)	Take before your first meal
Liraglutide (Victoza®)	Injected once a day (around the same time each day), with or without food.
Insulin Therapy	Timing of insulin injections can be different depending on the type of insulin you have – ask your provider or pharmacist!